



INOUE CAMP  
STOCKHOLM  
INOUE-HA  
KEISHIN-KAI  
SWEDEN  
空手道  
JULY 3-5 2025

Sponsored by Inoue-Ha  
Keishin-Kai, Sweden

www.inoue.se

**Open Kata Seminar  
with World Champion  
Rika Usami sensei**

**Open Kumite Practice/  
Seminar with Masahiro  
Okamura soke**

### Where

Eriksdalshallen, Ringvägen 70  
Stockholm  
Sweden

### When

July 3-5 2025

### Who

Open for everyone

### Camp Fee

One day 100€  
Three days 250€  
Full payment in advance

### Entry

Per branch/country  
Use form on following page

### Deadline

May 31 2025



## Information

Kata practice with Rika Usami sensei and kumite practice with Masahiro Okamura soke

## Sweden Inoue-Ha welcomes you to Stockholm and three days of Kata and Kumite practice!

Dear Karate friends!

Sweden Inoue-ha Shito-ryu and all its members are honored to host INOUE CAMP 2025. We are looking forward to meet all our karate friends from all over the world and we are going to do our very best to make sure that your stay in Stockholm during the summer 2025 will be a memorable time!

Welcome to Stockholm and Inoue Camp 2025!

Best regards

Per-Ola Olsson

Chairman

Sweden Inoue-ha Shito-Ryu Keishin Kai

Venue	Date	Deadline
Eriksdalshallen Ringvägen 70 Stockholm, Sweden	July 3-5, 2025	May 31, 2025

## How to register

Registration must be done by country / branch or club. Fill in all participants on the registration form attached and email to: [summercamp2025@inoue.se](mailto:summercamp2025@inoue.se)

**Note! The notifications must be made jointly for the administration to be correct.**

## How to pay the camp fee

Pay the camp fee per country or club.

Payment must be made in advance and deposited in full at:

IBAN Minakami karate dojo

NDEASESS

SE91 9500 0099 6042 4374 1487

## Camp fee

One day €100

Three days €250

## Farwell Party 5/7, 19.00

Will be held on Saturday night, register and pay for the party in advance, more information and cost for party will be announced later.

## Program on next page

There will be parallel sessions over the three days, Rika Usami sensei will teach kata and Masahiro Okamura soke will teach kumite.



## Where to stay

Scan to find your hotel

[www.tripadvisor.com/Hotels-g189852-zfn15622269-Stockholm-Hotels.html](https://www.tripadvisor.com/Hotels-g189852-zfn15622269-Stockholm-Hotels.html)



## Scan to find the venue

Eriksdalshallen, Ringvägen 70  
Stockholm, Sweden



## Bus, trains and metro

Information about travel in Stockholm

<https://sl.se/en/in-english>



## Metro map

Go by the metro, find your map here

<https://city-rails.com/en/stockholm-metro-map/>



## How much for a taxi fare?

Scan and find out.

[www.swedavia.com/arlanda/taxi/price-zon-for-taxi-trips/](https://www.swedavia.com/arlanda/taxi/price-zon-for-taxi-trips/)



## Information

Kata practice with Rika Usami sensei and kumite practice with Masahiro Okamura soke

## Seminar and camp program

### Thursday 3/7

- 10.00 **Venue opens for registration**
- 12.00 - 14.00 **Practice**  
Usami sensei Kata,  
Okamura soke Kumite
- 14.00 - 15.00 **Lunch**
- 15.00 - 17.00 **Practice**  
Usami sensei Kata,  
Okamura soke Kumite

### Friday 4/7

- 10.00 **Venue opens for registration**
- 12.00 - 14.00 **Practice**  
Usami sensei Kata,  
Okamura soke Kumite
- 14.00 - 15.00 **Lunch**
- 15.00 - 17.00 **Practice**  
Usami sensei Kata,  
Okamura soke Kumite

### Saturday 5/7

- 10.00 **Venue opens for registration**
- 12.00 - 14.00 **Practice**  
Usami sensei Kata,  
Okamura soke Kumite
- 14.00 - 15.00 **Lunch**
- 15.00 - 17.00 **Practice**  
Usami sensei Kata,  
Okamura soke Kumite
- 17.00 **Photo Session**
- 19.00 **Farewell Party**

## Book your own flight and hotel

To travel to Stockholm, you will fly to Arlanda Airport, from there it is easy to go by train or bus or Taxi to Stockholm. More information at: [www.swedavia.com/arlanda](http://www.swedavia.com/arlanda)

You find a QR-code to the right, when you scan it there is a website with hotels close to the venue at "Södermalm" in Stockholm.

Please note that there are a lot of tourists in Stockholm in the summertime.

**Book your hotel as soon as possible.**

## Official hotel

Instructors will stay at Clarion Hotel Södermalm.  
Inoue Summer Camp works with **Strawberry Hotels**.  
**For booking please see attached PDF.**



## How to get around in town

Stockholm is a beautiful summer town, with sun and sea close by. Bring a pair of walking shoes to walk around in Old Town or at Djurgården. There are a lot of ways to travel in Stockholm like metro, bus, tram, boat. Check QR codes to the right.



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# APPLICATION FORM INOUE CAMP 2025



Branch Name/Club Name:	
Responsible person:	
E-mail and phone:	

E-mail the application form to: [summercamp2025@inoue.se](mailto:summercamp2025@inoue.se)

	Name	Year of birth	SEMINAR			T-shirt size	Participation Fee	
		(YYYY)	July 3rd	July 4th	July 5th		Kids: 7-8, 9-10, 11-13 yrs old	Adult: XS, S, M, L, XL, XXL
Ex:	Alexander Pogot	1997	Yes	YES	YES			Adult M
1								
2								
3								
4								
5								
6								
7								
8								
9								
10								
11								
12								
13								
14								
15								
Total fee:							€ 250	